

Breg Polar Care Wave™



This motorized system incorporates both cold therapy and active compression. It cools the affected body part and delivers a massage-like squeeze. Cold and compression has been proven to help improve pain, swelling, range of motion, and overall recovery as well as reduce the need for use of narcotics.

- Remains cold for 6-8 hours
- Has two temperature settings and two compression levels
- Includes a hose management storage system

Operating Instructions

Setup with Water and Ice:

1. Set up and operate unit on a flat surface, so it does not tip over.

2. Unlock the handle by rotating to the front of the unit and remove the lid.



3. Fill water then ice to indicated fill lines. Use cubed ice for optimal performance.

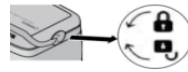
Caution: Do not overfill unit with ice and water. Appropriate levels are indicated on label inside container. Overfilling can cause spilling / prevent lid from closing properly .



4. Place lid on container using the alignment stickers.

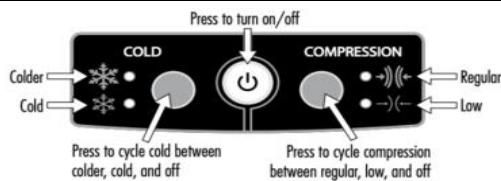


5. Lock by rotating the handle to the upright or back position according to image on handle.



6. Every 6-8 hrs or as needed, pour out enough water to return water level to original water fill line and re-fill ice to ice line.

Keypad Key:

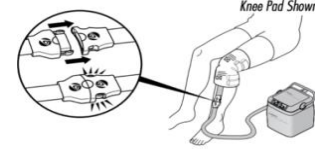


Connecting / Disconnecting Cold-Compression Pad to Unit:

1. Line up the Breg logos on the tubing and pad connectors.

2. Squeeze down gently on the blue clips.

3. Push connectors together until they make a “click” sound.



4. Disconnect the cold-compression pad from the unit by pressing the blue clips and gently pulling the connectors apart.

The pad may be disconnected from the unit while it’s running, and connectors will seal, preventing water from flowing out of the tubing.

Note: Some dripping is normal. To minimize dripping and prevent leakage, before unplugging the unit from the pad, remove all water from the pad by unplugging the unit, placing unit on the floor lower to the extremity, and gently applying pressure to the pad.

Operating the Unit:

1. Press the on/off button to turn the unit on. It will illuminate. Upon initial start-up, the unit will default to “colder” (cold therapy) and “regular” (compression therapy). If the unit was previously in use, it will default to the last settings selected when unit was turned off.

2. Press the “cold” button to cycle between colder, cold, and off.

3. Press the compression button to cycle between regular, low, and off.

4. Press the on/off button to turn the unit off. All lights will turn off.

- Cold and compression therapies may be used at the same time or independently.
- If the on/off button continuously flashes, refer to troubleshooting guide (page 18 of owner’s manual).
- If the on/off button is on and both therapies are off for more than 15 minutes, the unit will automatically shut off.
- Some condensation on the tube and pad is possible, especially in warmer climates.



Follow QR Code for information / videos

Midwest Orthopaedics at Rush Patient Reminders:

- Each ice and/or compression treatment should be no longer than 20-30 minutes every hour when awake (as needed).
- 1-2 days post-operatively start off using low compression, increasing to regular compression following the 3rd day as tolerated.
- If using the unit while wearing a brace, loosen the straps on the brace to allow expansion of the pad.

TROUBLESHOOTING ISSUES: PLEASE CALL LOCAL REP

Illinois—Javi: 773-849-3805 Indiana—Ben: 219-741-8232

- The manufacturer warrants this product free from defects and fit for use for 6 months from initial purchase under normal intended use.
- Please refer to the included owner's manual for additional general warnings (Pages 6-9) and troubleshooting (Pages 18-19).

Midwest Orthopaedics at Rush DME Store Contact Information

Please call or stop in if you have any problems or questions

Chicago - 1611 W Harrison St. Suite 103, Chicago, IL - (312) 432-2482

Oak Park - 610 S Maple Ave. Suite 1550, Oak Park, IL - (312) 432-2550

Oak Brook - 2011 York Road, Oak Brook, IL - (708) 492-5664

Joliet - 963 129th Infantry Dr. Suite 100, Joliet, IL - (708) 492-5920

Westchester - 2450 S Wolf Road Suite G, Westchester, IL - (708) 273-8426

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