

GRANT E. GARRIGUES, M.D.
SHOULDER AND ELBOW SPECIALIST

MIDWEST
ORTHOPAEDICS
at RUSH    
SPORTS MEDICINE & SHOULDER

SURGICAL BOOKING PACKET



Dear Patient,

Thank you for entrusting me and my team with your care. It is our promise to treat each patient like a family member.

We look forward to serving you through every step of your journey back to optimal health!

Connect with us! Instagram: @Grant.Garrigues
Facebook: GrantGarriguesMD
Twitter: @Grant_Garrigues
Youtube/Facebook: Grant Garrigues MD

Website: DrGshoulder.com

Questions? Phone: 312-432-2880
email: garriguespractice@rushortho.com

Important Dates & Information

Surgery Details: ***you will be called in the LATE afternoon the day before your surgery with exact arrival time*

Date: _____ Surgery Location: _____

Procedure: _____

Medical Clearance Appointment:

*****must be 10-30 days from surgery date***

*****patient responsibility to schedule; see attached for information***

Post-Operative Appointment: ***10- 14 days after surgery* **Imaging:**

Date & Time: _____

CT

Location: _____

MRI

Call 708-492-5663 to schedule

Website for Procedure FAQ Packets:

Go to: DrGshoulder.com → Surgery Information → Procedure FAQ's

Anatomic Total Shoulder Replacement Shoulder/Elbow Surgery

Arthroscopic Rotator Cuff Repair

Reverse Total Shoulder Replacement

Website for Physical Therapy Protocols: ***note: therapy protocol may be changed based on intraoperative findings*

Go to: DrGshoulder.com → Surgery Information → Physical Therapy Protocols

Anterior Labral Repair

Remplissage

Anatomic Total Shoulder Replacement

Reverse Total Shoulder Replacement

Arthroscopic Latarjet

Rotator Cuff Repair

Biceps Tenodesis

SLAP Repair

Distal Biceps Repair

Ulnar Collateral Ligament Reconstruction

Posterior Labral Repair/Capsular Plication

TBD base on intraoperative findings

Proximal Humerus ORIF

Post Operative Medications

All post operative medications will be electronically sent 1-2 days prior to your procedure to the pharmacy verified at the time of scheduling surgery. If you would like to change your pharmacy, please let our office know as soon as possible to prevent your post operative medications being sent to the wrong location. Please call our office at 312-432-2880 for any medication refill requests and allow 48 hours for refills to be completed.

Surgical Planning Contact Information

Medical Clearance Rush- Affiliated Locations

*****must be 10-30 days from surgery date***

Rush Center for Preoperative Care
1725 W. Harrison Street, Suite 155
Chicago, IL 60612
p: 312-942-4300

Rush Oak Brook Internal Medicine
2011 York Road, 2nd Floor
Oak Brook, IL 60523
p: 630-724-1300, option 1

- What to bring:
 - Insurance card, photo ID, list of current medications
 - Copies of any recent blood work or EKG
 - Specialist clearance letter with associated testing results, if applicable
- If new to Rush University Medical Center, call pre-registration prior to your appointment to register your insurance: 312-942-5460

Medical Clearance- Your Primary Care Physician

*****must be 10-30 days from surgery date***

If you go to your Primary Care Physician for your pre-operative clearance, you must remind them to Fax your History and Physical examination document, lab work, and ECG tracing to our office at **708-409-5179**. We will not have access to their records, and we need to provide these documents to the surgery center/hospital prior to your procedure.

MRSA Testing

*****Elmhurst Hospital ONLY***

- If you are having surgery at Elmhurst Hospital, the hospital will contact you a few days before surgery to schedule.

Medical Clearance Pre-Operative Orders

Patient Name: _____ DOB: _____

Diagnosis: _____

Procedure: _____

Surgery Date: _____

- R_x**
- History & physical with clearance letter
 - EKG (NEED TRACING; within 6 months of surgery)
 - Chest XR
 - CBC (within 3 months of surgery)
 - CMP (within 3 months of surgery)
 - UA with reflex to culture
 - Type & Screen
 - HbA1c (if diabetic; must be below 7.5%)
 - CRP
 - ESR
 - D-dimer
 - MRSA PCR screen

Anesthesia consult

Dx: Preop testing

Grant Garrigues, M.D.

Fax results to: 708-409-5179 no later than 7 days from surgery



Grant Garrigues, MD

1611 W. Harrison St., Suite 400
Chicago, IL 60612

P: 312.432.2880 F: 708.409.5179

Cardiac Clearance Request

Patient Name: _____ DOB: _____

Diagnosis: _____

Procedure: _____

Surgery Date: _____

Dear Doctor,

The above patient is scheduled for surgery with our office.

We kindly ask that you provide cardiac clearance including:

- **Cardiac history**
- **Statement of clearance** including signature with date and time.
- **Anticoagulation recommendations**—Note that even ASA 81 mg can lead to increased intraoperative and postoperative bleeding. Thus, we prefer no anticoagulation during surgery unless there is a cardiac contraindication. Please provide recommendations regarding *when to stop anticoagulants* before surgery, *any bridging requirements*, & *when to resume prescribed anticoagulation medication postoperatively*.

Patient will have routine pre-operative medical clearance with an internist including: H&P, CBC, CMP, UA and EKG

Should the patient require any additional testing, please complete and include with your note.

We appreciate your willingness to participate in the care of this patient.

Sincerely,

Grant Garrigues, M.D.

Fax results to: 708-409-5179 no later than 7 days from surgery

Important Contact Information

Primary Contact Info: p: 312-432-2880 f: 708-409-5179
email: garriguespractice@rushortho.com

Note: all practice members will receive a copy of messages using the above email address

Main Office Location:

1611 W. Harrison St., Suite 300
Chicago, IL 60612

Clinic Days & Locations (hours may vary)

Tuesday @ RUMC

Wednesday @ Oak Brook OR Naperville

Friday @ Oak Brook

RUMC Clinic

1611 W. Harrison St., 4th floor
Yellow section

Oak Brook Clinic

2011 York Road
Oak Brook, IL 60523

Naperville Clinic

55 Shuman Blvd, Suite 700
Naperville, IL 60563

Westchester Clinic

2450 S. Wolf Road, 2nd floor
Westchester, IL 60154

Surgery Locations: ***see drgshoulder.com for more detailed information*

RUMC: 1653 W. Congress Parkway Chicago, IL 60612

Rush Oak Park: 520 S. Maple Avenue Oak Park, IL 60304

Elmhurst Memorial Hospital: 155 E Brush Hill Road Elmhurst, IL 60126

Rush Oak Brook Surgery Center: 2011 York Road Oak Brook, IL 60523, 3rd floor

GoldCoast SurgiCenter: 845 Michigan Ave, Suite 985W Chicago, IL 60611

WEBSITE

DrGShoulder.com

Our website has a plethora of information regarding hospital locations, parking details, what to expect the day of surgery, educational materials, additional copies of handouts, FMLA/disability details...just to name a few! Please refer to this frequently throughout the pre-op and post-surgical process.